# Create Your Vision Map Using Mind Mapping

# What Is Mind Mapping?

Mind mapping is a whole-brain tool that allows you to use your brain more effectively and efficiently. It is a method of using pictures, colors, and keywords to help you organize your thoughts and execute your vision.

Whether you use mind mapping for personal or professional reasons, I believe it will make a difference in your organizational and communication skills.

# Are you ready to explore the possibilities that will lead to a more fulfilling life?

Review the vision map template, then create your own.

Answer the questions and record them on your map:

* What motivates you?
	+ Is it receiving awards and certificates?
	+ Is it creating something?
	+ Is it helping others?
* What are your guiding principles?
	+ Is it alone time? Is it important to have time to reflect?
	+ Is it family time?
	+ Is it living with integrity and being true to yourself?
	+ Is it your spirituality?
* Who do you admire and why? What characteristics do your heroes and sheroes have?
* What legacy do you want to leave behind? What do you want people to say about you?
* What are your strengths and weaknesses?

Vision Mind Map

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* **On a separate sheet of paper, create your vision map.**
* **Review it daily**
* **Take action**
* **If you have questions, contact Lisa Harvey Roach at** **Lisa@LisaHarveyRoach.com**